

The Gateway Within

There comes a quiet moment
where something within you begins to stir...

not loud, not urgent —
but steady, knowing.

A sense that there is more.

This retreat is not something to attend,
but something to enter.

A space where the noise softens,
and you begin to remember
what has always been within you.

The journey begins the moment you say yes.



November 27–30, 2026

3-NIGHT RETREAT • NORFOLK

SINGLE ROOM £585

SHARED TWIN ROOM £485

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